

Week Four - February 23/24

Refresh

Every parent knows the longing of their children for their approval.

Interestingly, this need doesn't disappear with age. In fact, it exists the other way too – parents want the approval of their children. All around, this silent need can create intense insecurity. The Bible points out that healthy pleasing is linked to our intrinsic value – our "God value."

Explore

How does Jesus value you? (1 John 3:1; Matthew 10:30; John 3:16)

Talk about a time when you felt affirmed from your parent or child. How did it make you feel?

Gary Chapman lists five "Love Languages" – 1. Gift-giving,

2. Quality-time, 3. Words of affirmation, 4. Acts of service, and 5. Physical touch. Share with family members the way you like to be pleased. (www.5lovelanguages.com for free study guides on the "Love Languages")

In 2 Corinthians 5:9, the Bible tells us to please God whatever we are doing. Discuss and contemplate how all we do is to please God.

Tomorrow

Saying "I'm sorry," and offering forgiveness restores us and reminds us that we are