

Weekly Resources

May 18 – May 23

Monday, May 18

Scripture Reading | James 1:2-4

Reflection | How will you perceive trials and burdens that come across your path this week? As James encourages, consider how God might be building you up through these experiences.

Prayer | Pray for those especially feeling stretched or burdened by this week.

Family Application | Start to read a long story. Just as you reach a very exciting part, quit telling the story. When the kids ask you to read on, tell them your voice is tired and you can't. Finally say, "OK, I will persevere." Talk about satisfaction that is gained in finishing.

Tuesday, May 19

Scripture Reading | 1 Corinthians 10:12-13 & John 14:6

Reflection | Surveying the struggles in your midst right now, find (and seek) strength in knowing the hope and power we have in Jesus.

Prayer | Pray for those whose mental health is strained in this time.

Family Application | Play charades as a family. The person acting is NOT allowed to talk. After everyone gets a turn, ask if it was tempting to want to talk when they were acting. Discuss how we are all tempted. Temptations are not wrong, rather acting on them is.

Wednesday – May 20

Scripture Reading | Matthew 11:28-30

Reflection | As life gives you more than you can handle on your own, how do you respond? Even more, to whom do you turn? Rest in Jesus' invitation in Matthew 11.

Prayer | Pray for single parents who are carrying significant parental burden in this time of isolation.

Family Application | Each family member guesses how long they can hold a book straight out to their side. The longer they hold it, the heavier it feels. That same thing is true of burdens we carry. What are some of them? Good news we don't have to carry them alone!

Thursday – May 21

Scripture Reading | Psalm 3

Reflection | Difficult times have impacted followers of God through the generations. Take note in your present moment the confidence and deliverance God is providing.

Prayer | Pray for our 8th grade class at Trinity School who would have celebrated their graduation today.

Family Application | Name a time when you felt like everyone was against you. How did it feel? How does it make you feel to know that you are never alone and that God is always watching over you?

Friday, May 22

Scripture Reading | Ephesians 6:10-18

Reflection | In the face of struggle, we see the spiritual battle that surrounds us. Be encouraged by God's equipping for all that you need to persevere in faith.

Prayer | Pray for those who do not sense God's power with them in their battle.

Family Application | Discuss the spiritual battles that you face as a Christian. Color the Armor of God page and talk about the protection we are given

Saturday – May 23

Scripture Reading | Matthew 16:24-25

Reflection | Jesus offers an incredible invitation in faith. There is sacrifice involved, yet do not let that overshadow the presence of the One who invites you to follow.

Prayer | Pray for growth in faith through this season.

Family Application | Giving something up for others is not easy, Jesus is our greatest example. Discuss the things that would be hard to give up, even for Jesus. Can we still follow Jesus and have these things in our life? What are you willing to give up to follow Him?